



VIA FERRATA Take the Stress Out of Climbing

Get vertical at the most exhilarating Via Ferrata (Italian for iron path) in Western Canada! Beginner and expert climbers alike will tackle Terminator Peak's north face by choosing from 3 routes, including a suspension bridge to get started. Giddy Up!

> 1.866.SKI.KICK www.KickingHorseResort.com



Golden Skybridge 🌟 Adventure awaits at Golden Skybridge, home to Canada's Highest suspension bridges. Beyond the bridges, take a thrilling ride on the Railrider Mountain Coaster, soar through the sky on our 1,200ft quad-ziplines, conquer your fear on the Giant Canyon Swing, and enjoy our challenge courses, axe throwing and climbing wall.

503 Golden Donald Upper Rd 1-800-270-1238 www.goldenskybridge.ca



Eat Pure Mountain Market 🎓 Golden's local Organic grocer & bulk refillery! Home of the Hive Cafe! Open daily 10am-6pm 824 10th Ave South 1-250-939-9532

www.eatpuremarket.com



Holiday Inn Express Golden 🪖 olden's newest hotel located only minutes from Kicking Horse Mountain lesort. Rooms include: fridge, microwave, safes, in room coffee, 40" TVs, business entre, heated indoor pool, hot tub. 1120 14th St North

1-250-344-4664 | www.tinyurl.com/ iexgolden

'hitetooth Brewing Company Ltd. 🚖



Belgian inspired and West Coast influenced peers available in growlers, bottles or cans, and by the glass or taster flight. Tasting Room 12pm to 10pm nours may vary). 623 8th Avenue North | 1-250-344-2838 www.whitetoothbrewing.com



ootenay River Runners 🪖 Whitewater rafting in 3 locations from mild to wild! Adventure, fun, safety & solid dose of nature for everyone! 1-800-599-4399 www.raftingtherockies.com

Visitor Services

Stop by the Golden Visitor Centre where you will find friendly nformation Counsellors who can recommend activities, dining and accommodations in Golden. Purchase your Canada Parks pass and attraction tickets, pickup free travel guides and maps, and enjoy our free wifi. Open







Trail Description Kicking Horse hiking trail map can be found at: www.kickinghorseresort.con *This trail leaves the controlled recreational area* 5. Dogtooth Follow It's a Ten road for approx. 200m, then follow the trail up to the left (Varies with and along the ridgeline. At the Y intersection, go right to the top of the Blue Heaven Lookout. Past the resort boundary, this becomes a wilderness hiking route with no maintenance. Hikers need the skills, equipment, and experience required for route finding and travel in remote mountain environments. From the Gondola top, head east along CPR Ridge and then follow the signs south for Terminator. About halfway out Terminator Ridge (3) you will follow the

7. T2 Peak (1 hrs - 2 hr)

Starts from the Gondola top and follows the CPR Ridge trail (2), dropping in elevation until you reach Tower 15 of the Gondola line. From tower 15 you

FOREST SERVICE ROADS

Users must be cautious and plan for the unexpected. Most have gravel surfaces and are single lane. There may be limited visibility, soft shoulders, little to no ditch, tight curves, steep road grades and rough loose gravel surfaces, potholes, drop-offs, changing road surface conditions, freezing rain or snow, large industrial vehicles, high traffic volumes, passing or being passed on narrow roads, wildlife, rocks and boulders, and other unmarked hazards.

Check road and weather conditions, including avalanche risk, active logging and restrictions that may apply to forest service roads. Many forest service roads are not suitable for recreational vehicles on

travel trailers. High clearance vehicles are recommended.

For more information visit: www.tourismgolden.com/FSR



sign and head east up towards Terminator Peak. This is a pinnacle experience

From the Super Bowl Saddle, continue following the main ridge up through a

light scramble section. The trail culminates on T2 summit lookout, at the top of

an alpine meadow. Enjoy the spectacular views of the Columbia wetlands to the south with the Rocky and Purcell Mountains on either side.

not to be missed. You'll likely even meet some new mountain climbers as they

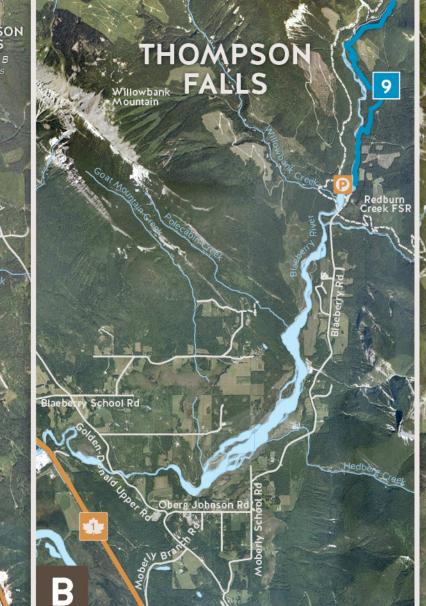
To report a wildfire or irresponsible behaviour that could start a wildfire in British Columbia, please call 1-800-663-5555 or (*5555 from a cell phone) as soon as possible. Information from the public is crucial. For more information and to find out what fire bans and restrictions are in the area visit: www.tourismgolden.com/informed

For trail information visit: www.goldenhikes.ca

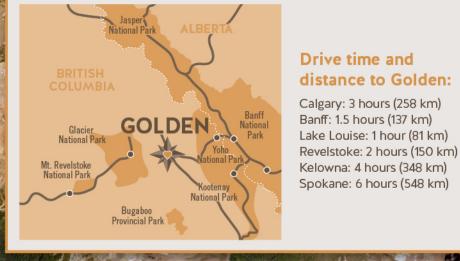
GoldenHikes











Distance (Return)

2 hrs 6.6 km

12.8 km

8 km

8 km

Hiking Trail Time

8. Quartz Lake * 5 hrs

11. Mt. 7 Summit Trail

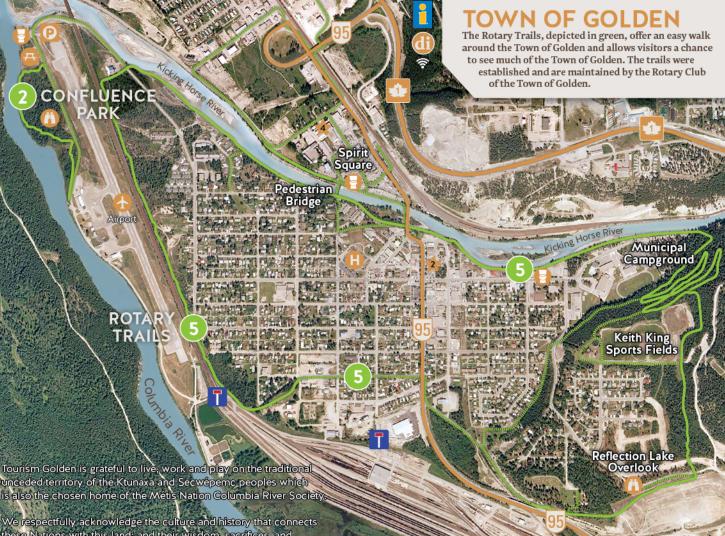
12. Mount 7

Upper Launch *

4 hrs

3 hrs

DAWN MOUNTAIN





Trail Description
For detailed trail descriptions and access visit: www.goldenhikes.ca

A spectacular hike along the north rim of Canyon Creek, with three lookouts featuring views of the Creek and Columbia Valley. Watch for mountain bikes. Ridges and cliff

A lovely lake nestled in an alpine valley. The trail is well defined and climbs steeply up a forested slope, crosses several slide paths, and then follows the creek to the lake. The top third of the trail can be wet throughout the summer. Watch for wildlife including bears.

Hike up from the main (lower) launch site to the less frequently used (upper) launch site which offers excellent views of the Columbia Valley and the summit of Mount 7. Parking is at the main (lower) launch site. This route begins by hiking on an old 4x4 road with several junctions. Watch for steep drop offs, cliffs, and wildlife including bears. Recommended for experienced hikers only. Visit www.goldenhikes.ca for detailed information as this hike has complicated route finding.

It offers little in the way of respite as it climbs steeply to the top of Table Mountain. Once there, expect to find beautiful subalpine meadows to explore

Hike to a beautiful alpine lake through a forest, across a boggy section with boardwalks and climbs across a rock slope. Gorman Lake FSR and hiking trail may be

Short and relatively flat trail that accesses a beautiful lake deep within a narrow valley. Watch for wildlife including bear

lges are not fenced: exercise caution at all times. Watch for wildlife including bears

Watch for wildlife including bears, East of the pass, national park rules apply

Watch for steep drop offs, cliff edges and wildlife including bears.

Beyond the third lookout the trail becomes narrow and travel beyond is not recommended.

snowbound and inaccessible until July. Watch for wildlife including bears. There is a map kiosk at the trailhead.

CEDAR LAKE RECREATION SITE **LEGEND** Easy Moderate Difficult Forest Service Road (FSR) FSR In Poor Condition Paved Road Highways Visitor Services Digital Info Kiosk Golden Visitor Centre T No through road

MOUNT 7 **UPPER LAUNCH**

MOUNTAI

Trailhead & Access
High clearance vehicles are recommended for all trails ake the paved road towards Kicking Horse Mountain Resort and turn left onto the Tallis FSR for 2 km and turn left at the junction to Cedar Lake, where you will nmediately see the parking area and a trail kiosk.

Head east of Golden on TransCanada Highway 1. Exit onto Beaverfoot FSR*. After 39 km, exit left onto the Thomas Branch FSR* and follow for 7 km to the cut block whe a trailhead kiosk is located. Watch for traffic. Visit www.goldenhikes.ca for detailed information as there are many junctions to navigate.

Located at the end of Canyon Creek Road in Nicholson 9 km south of Golden. Trailhead is located past the concrete barriers. Don't be put off by the awkward steep section at the start as the trail soon assumes a pleasant grade.

Located west of Golden, off the TransCanada Highway 1 on Quartz Creek FSR*.

Exit onto the Dart Creek FSR for 50 m. Trailhead is on the right with a sign on a tree.

Located on Gorman FSR*, off Golf Course Rd. Park at the wooden bridge. Do not attempt to drive this road without a high clearance vehicle. The 17 km access road is extremely rough with large potholes. The last 2 km of road are badly eroded and you must park at the road bridge which crosses Gorman Creek and proceed by foo

Head west on TransCanada Highway 1. Exit highway onto Moberly Branch Road, right onto Golden-Donald Upper Road, left onto Moberly School Road, this becomes Blaeberry Road. Trailhead at east end of OB campground.

orms part of the David Thompson Heritage trail from Saskatchewan Crossing to the Columbia River. Initially follows close along the Blaeberry River and ends at Thompsor alls where the Blaeberry River enters a gorge through a narrow funnel. Be careful when viewing Thompson Falls. There is a map kiosk at the trailhead.

Head east of Golden on TransCanada Highway 1. Exit onto Beaverfoot FSR*. After 31.7 km take the left fork and continue past Moose Creek branch to the Wolverine Branc and follow for 10 km to the trailhead kiosk. Visit www.goldenhikes.ca for detailed information as there are many junctions to navigate. Follows a forested creek for most of the way. Terrific views are available just past the pass. Caution is required when crossing the single log bridge with a rope railing. Located close to the S.E. town boundary. Take the 15 km Bowle-Evans FSR with rough sections* to the hang glider and paragliding launch site. Park your vehicle at the obvious parking area. Watch for traffic. This trail traverses down the front (west) face of the lower summit of Mt 7. It follows from the main (lower) launch site to a point roughly mid-way along the Bowle-Evans FSR. It does not lead to the true summit of Mt 7. Steep, fast mountain bike trails cross this trail - do not attempt to hike these. Look uphill for bikes as you cross

Located close to the S.E. town boundary. Take the 15 km Bowle-Evans FSR with rough sections* to the hang glider and paragliding launch site. Park your vehicle at the obvious parking area. Watch for traffic. or notice and may deteriorate or change from the descriptions here and at www.goldenhikes.ca at any time. The trailhead and parking is 6.2 km east of Hwy 1/Hwy 95 intersection in Golden on TransCanada Highway 1, but can only be accessed from the west bound lane of

*High clearance vehicles are the highway. Do not cross the highway. Travellers from Golden will need to proceed past the traillnead and continue east on the TransCanada Highway 1 for 5 km, taking the left exit to the Kicking Horse Rest Area. Turn around and head back on the highway westbound. Look for the "Danger Avalanche Control" red/orange sign at trailhead. ecommended for all trails

SAFETY IS YOUR IMPORTANT INFORMATION AND CONTACTS: Hiking trails in this map should RCMP: 250-344-2221

only be undertaken by persons

can have serious hazards including

experienced in hiking in mountain

backcountry. Even short and easy trips

wildlife encounters, weather and other

by planning ahead and being prepared.

Ensure you have the correct training,

skills, knowledge and equipment before

venturing out. Check road and weather conditions, including avalanche risk,

active logging and restrictions that

may be applied to forest service roads.

Pack adequate food, water, clothing,

topographical maps and gear including

a first aid kit and bear spray. Travel in

a group. Tell someone where you are

going, when you will be back and an

Many of the trails described here

are located in mountain wilderness

areas which may not have cell phone

coverage or other communication

services and from which rescue may be

difficult. Some trails are not maintained

and have no trail signage. The condition

of the trails, roads, attractions, areas

or any locations contained on this map

are subject to change without warning

not return.

emergency contact number if you do

natural hazards so minimise your risk

RCMP: Emergency 911 Search and Rescue: 250-344-5902 Safety and essential tips: www.adventuresmart.ca

WOLVERINE PASS - & DAINARD LAKE

Detailed information on trailhead access and trail descriptions can be found at: www.goldenhikes.ca

RENTAL VEHICLES We recommend checking with your

insurance and rental vehicle company to ensure proper insurance and recover coverage before driving on unpaved, gravel and forest service roads.

ABOUT THIS MAP

This map is intended to highlight the many amazing hikes in Golden and the surrounding country. It is not designed, and should not be used as a route finding tool. Travelers in the backcountry are advised to carry topographical maps.

The condition of the trails, roads, attractions areas or any locations contained on this map are subject to change without warning or notic and be aware of potential dangers such as poor weather/road conditions or unexpected traffic. The authors and publisher of this map play no part in the maintenance and/or supervision of any activity or location featured or shown on this map. They assume no liability whatsoeve for any loss or damage to person or property arising from the use of this map. In addition, the authors and publisher caution users of this map that there may be private property or restricted areas which have not been delineated and all users of this map acknowledge that they will be fully responsible for any breach of municipal, provincial, federal or common law concerning these lands.

GLACIER NATIONAL PARK YOHO NATIONAL PARK **KOOTENAY NATIONAL PARK** AT THE HEART OF SIX NATIONAL PARKS. Golden is surrounded by six of Canada's most stunning national parks; Yoho, Glacier, Kootenay, Banff, Jasper, and Mount Revelstoke. Stay in Golden to enjoy an authentic mountain town, the spectacular scenery, YOHO iconic hiking trails, waterfalls, lakes, heritage sites NATIONAL and the national parks. Road with no cell NATIONAL For accommodation information visit: tourismgolden.com or call 1-250-439-7290 **f** • 0 YOHO NATIONAL PARK Yoho National Park protects Rocky Mountain landscapes on the western slopes of the Continental Divide. Rock walls and waterfalls, forests and meadows, sparkling lakes, and cascading rivers set the scene for memorable hiking. It offers alpine majesty within reach of casual hikers, and **BANFF** NATIONAL With over 400 km of trails to explore, from Emerald Lake to the Iceline and everything in between, there is something for everyone. Travel trails that have been used for over a century to investigate the park's rich heritage of chalets, cabins and fire lookout towers. Looking for something different? Take a guided hike to the restricted Burgess Shale fossil beds and hold half a billion years of history in your hands. The steep mountains and narrow valleys of Glacier National Park are home to unique stands of old growth cedar and hemlock as well as a great diversity MOUNT ASSINIBOINE Discover the magic of the Columbia Mountains on trails pioneered by legendary Swiss mountain guides. Take a gentle stroll amid moss-draped old-growth cedars PROVINCIAL PARK or hike through alpine meadows strewn with lichen-covered boulders. Self-guided $\,$ interpretive trails highlight original Canadian Pacific rail-grade and hotel ruins. Up for a challenge? Several difficult hiking trails in Glacier National Park lead to stunning ridges and viewpoints that make the climb worthwhile. KOOTENAY NATIONAL PARK Kootenay National Park is a place of startling contrasts, from icy mountain rivers to steamy hot springs it has hiking for different levels and abilities. In Kootenay National Park's rich landscape, you can find everything from high elevation glaciers KOOTENAY to post-wildfire regrowth forests and diverse wildlif NATIONAL Take a 60-minute scenic drive and discover a new surprise around every curve Explore deep canyons, tumbling waterfalls and ochre pools a short stroll from the road. Feeling energetic? Challenge yourself to a day-hiking adventure to a pristine backcountry lake or alpine meadow. Want to go farther? Explore a multi-day trail HE BISHOPS RANGE Remember, you are responsible for your own safety. Get advice from a Parks Canada Visitor Centre. Study trail descriptions and maps before starting. Check the weather forecast and current trail conditi Choose a trail suitable for the least experienced ★ Please note that some trailheads member in your group. Pack adequate food, water, clothing, maps and gear. Carry a first aid kit and bear spray. on the Trans-Canada Highway. Left hand turns are only allowed Tell somebody where you're going, when you'll be back and who to call if you Travel with a friend or group. Be prepared for emergencies and changes in weather. Sugarloaf Mountain 3207 m Stay on Maintained Trails To prevent trail damage stay on the trail and avoid shortcuts. Cell phone coverage unreliable REMOVE plants, animals & mud from in Glacier National Park. poots, bikes, gear, pets & vehicle. These are not topographical maps and are not suitable for route finding. CLEAN your gear before entering & A backcountry camping permit is required for overnight trips. Reservations can be leaving the recreation site. HIKING IN GLACIER NATIONAL PARK made three months (or more) in advance. Visit www.reservation.pc.gc.ca. STAY on designated trails. Glacier National Park call 250-837-7500. STOP INVASIVE SPECIES IN YOUR TRACKS. Kootenay National Park call 250-347-9505. Trail Description Shuswap Invasive Species Society (CSISS) Yoho National Park call 250-343-6783. 1-855-PUL-WEED (1-855-785-9333) Leave What You Find, and Take What You Bring in Kootenay National Park Pack out all garbage, including diapers and food waste. Tourism Golden is grateful to live, work and play on the traditional Bury human waste in a hole 15 cm deep and at least 100 m away from any water unceded territory of the Ktunaxa and Secwépemc peoples which is source. Pack out your toilet paper or use biodegradable toilet paper and bury it. also the chosen home of the Métis Nation Columbia River Society. Natural and cultural resources such as rocks, fossils, artifacts, horns, antlers, wildflowers and nests are protected by law and must be left undisturbed for We respectfully acknowledge the culture and history that connects others to discover and enjoy. HIKING IN KOOTENAY NATIONAL PARK these Nations with this land; and their wisdom, sacrifices, and stewardship of the past, the present, and the future. · Cyclists are susceptible to sudden, dangerous bear encounters – slow down, stay Hiking Trail Trail Description alert and make noise. 6. Rock Garden 30 min 430 m loop Minimal A short trail through boulders and evergreen forests with great views of nearby peaks. Mountain biking is allowed only on trails designated for cycling. Gentle trail connecting the campground and hot pools with numerous viewpoints Cyclists yield to hikers. Cyclists and hikers yield to horses. Hiking Trail '. Bear Creek Falls Short trail leading down to a secluded glacial waterfall. Stay on trails and avoid skidding. Once leading to the Illecillewaet Glacier, formerly named the Great Glacier, the short trail now conclude: Stroll to incredible viewpoints near a spectacular waterfall. Eastbound access only. 8. Great Glacier 2.5 hrs 8.4 km* 320 m at sloping bedrock, hidden from the view of the receding glacier. A national park fishing permit is required. Trail through avalanche paths into alpine meadows offering amazing views. Grizzly bears are commo All waterbodies in Yoho and Kootenay national parks are closed to watercraft and here and you must hike in a group of 4 or more adults between July 15 and September 30. Dogs are 12.8 km angling until further notice. Contact the visitor centres for more information. This rare valley bottom trail winds through rich old growth forest. Turn right at junction (5.1 km): maintained trail ends shortly after at the Grizzly Creek bridge. The upper Beaver Valley Trail beyond Grizzly Creek is no longer maintained and is not recommended. Visitors enter at their own risk. Turn SAFETY Closed, paved road to the historic archway marking the Continental Divide at 2.7 km. Continue for another 7.1 km to Lake Louise Drive. 0. Lower Beaver Valley 3.5 hrs Cell phone reception is unreliable. If you have cell phone reception, call 911. There at junction: A 2.4 km return side trip (unmaintained) is possible up to Copperstain Bridge. The trail is are emergency phones in multiple locations through Kootenay National Park. For backcountry emergencies, push the SOS button on your satellite communication 13.4 km* 960 m Steep trail up onto a ridge providing a panoramic view of rock and glacial ice. device, or if using a satellite phone call Parks Canada Dispatch at 403-762-1470 (Yoho and Kootenay) or 1-877-852-3100 (Glacier). Forest trail to a waterfall at the confluence of the Yoho and Little Yoho Rive Trail up to alpine tundra that ends on a narrow ridge. During early season take the marked short cut to avoid a steep snow slope. 2. Abbott Ridge 6.5 hrs 15.6 km* 1030 m Keep Wildlife Wild, and Yourself Safer 5. Sherbrooke Lake 8.6 km Moderate forest hike to a lake rimmed with avalanche debris. Westbound access only. Travel in groups and make noise to avoid surprise encounters. 2.5 hrs Steep forested hike to a small subalpine lake along the first leg of the Abbott Ridge Trail. 6.4 km* 425 m Do not feed, touch, or approach wildlife. Stay at least 30 to 50 metres away from 9. Mt. Hunter Lookout 495 m Steep trail through open forest to a historic fire lookout tower. Eastbound access only. most animals, and 100 metres away from bears. A family-friendly walk through a valley marked by fire. Check out the interpretive sign Carry bear spray and know how to use it. 1. Hoodoos 2.5 hrs 6.4 km 400 m Steep, dry, exposed trail leading to capped pillars of glacial debris. 4. Bostock Creek 15.6 km 740 m Moderate hike through the interior rainforest and into the subalpine forest. Pets must be on a leash at all times. Emerald Basin 3.5 hrs 9.6 km 305 m Travel through ancient stands of hemlock and cedar to a natural amphitheatre. . Sinclair Canyon 5.6 km 350 m Spend time both above and deep in the canyon along this popular loop trail. 5. Avalanche Crest 10.2 km* 795 m Hike into an open alpine basin nestled between Avalanche Crest and a ridge off Eagle Peak. 2.5 hrs 195 m Avalanche season extends from November until June. Whenever there is snow on Dog Lake Loop Lots of variety, with two suspension bridges, a quiet forest and a peaceful lake. 3. Paget Lookout 525 m Steep, rocky trail to views of the Bow, Cataract Brook and Kicking Horse Valleys. Westbound access only a slope, there is potential for an avalanche. If you choose to travel in avalanche 6. Asulkan Valley Glacier views, mountain scenery and waterfalls. Trail steepens after 4 km. 15.8 km* 4. Stanley Glacier 3 hrs 9.8 km 410 m Fire and ice are on display on Kootenay's most popular half day trail. terrain, come prepared with the right equipment and training. 15. Yoho Pass 5 hrs or 2 days 12.6 km 605 m Lakeshore stroll, alluvial fan, switchbacks, and waterfalls. Shuttle suggested. Known for its epic steepness! Climb many switchbacks, rock stairs, and rope-assisted scramble to an 7. Hermit 4 hrs 6.4 km 820 m 5. Kimpton Creek 9.6 km 455 m Trail to higher elevation and views of the Kicking Horse and Beaverfoot Valleys. Eastbound access Cool forested trail on a hot day. alpine meadow and backcountry campsite (permits required). MORE INFORMATION 10. Mt. Hunter Upper Lookout | 5.5 hrs 11.4 km 940 m Safety and essential tips: www.adventuresmart.ca A mountaineering route created by North America's first recreational climbers, this tough trail switchbacks from valley bottom to alpine. Beyond the turnoff to Perley Rock, conditions vary and hikers should have route finding skills. A backcountry campsite at trail's end is an ideal climbing basecamp Kootenay Park's top-rated loop trail. Trailheads are 1.2 km apart. 7. Kindersley / Sinclair Loop 17.3 km 1325 m 14. Hamilton Lake 10.2 km 915 m Yoho National Park Visitor Centre: 250-343-6783 A steep and steady climb to a cliff-circled alpine tarn. 18. Sir Donald 12.2 km* 1010 m 1065 m 18. Hawk Creek & Ball Pass A challenging day hike to a rugged, rocky pass. Glacier National Park information: 250-837-7500 Kootenay National Park Visitor Centre: 250-347-9505 16. Twin Falls 6 hrs or 2 days | 16.8 km 465 m Mostly gentle grades along the Yoho River to Twin Falls Chalet. A classic day hike or backpacking trip to a spectacular lakeside destination. 19. Floe Lake 7 hrs 21 km 1110 m Lake O'Hara reservations: www.pc.gc.ca/lakeohara 9. Perley Rock 6 hrs 12.8 km* 1145 m An ambitious day hike ending at a high viewpoint overlooking the Illecillewaet Icefield. 3. Little Yoho Valley 7 hrs or 2 days Moderate to steep forested hike into a scenic hanging valley. 11.6 km 235 m Good backpacking destination for beginners through lush forest. Also a 4 hour day hike. Up-to-date trail information and trail conditions 1125 m Varies 30 km Varies This wilderness hiking route crosses rolling subalpine meadows that form the east boundary of the 705 m Walk or cycle up the Ottertail River to its confluence with McArthur Creek. 7. Ottertail Valley - McArthur | 9 hrs or 2 days 28.8 km www.parks.canada.ca/glacier with route selection park. The route receives no maintenance. Hikers should have the skills, equipment and experience required for route finding and travel in remote mountain environments. with route Varies with route 21. Numa Creek 2 days 12.8 km 140 m An easy, forested creekside trail. Also a 4 hour day hike. www.parks.canada.ca/kootenay-hiking 18.8 km Loop Steady climbs and descents to Yoho and Burgess Passes. Views of the Emerald Valley www.parks.canada.ca/yoho-hiking 2 days 20.4 km 700 m Forest, flower-filled slide paths and Tumbling Falls. Moraine Lake is closed to personal vehicles year round. Parks Canada LEGEND ⊗ No oyoling - Park boundary 8 hrs or 2 days | 20.3 km Loop | 1,090 m Iceline via Little Yoho Spectacular signature hike: glaciers, rock staircases and alpine meadows Weather shuttles, Roam Public Transit, and commercial buses are still permitted from 2 to 3 days 28.4 km 795 m 23. Helmet Creek & Falls Rich forest and a 300 m high falls. Stay an extra day for side trips to nearby passes. 뤔 Red ohairs Visitor oentre * Many trails in the park www.weather.gc.ca June to mid-October. 2 Parking Alpine Club of Canada hut •••• Hiking trail can be accessed from 0. Iceline via Celeste Lake 7 hrs or 2 days | 17.4 km Loop | 970 m Shorter descent from the Iceline through alpine meadows and sub-alpine forest. Lake Louise Lakeshore Parking 2 to 3 days 36.9 km An abridged loop version of the Rockwall Trail, with its famous high meadows. either Illecillewaet Avalanche Reports, Information and Training: Washrooms • • • • • Cyoling permitted Paid parking (\$) is in effect from mid-May to mid-October. Valley or Illecillewaet 425 m 🤶 WI-fl www.avalanche.ca 7.5 hrs or 2 days | 17.2 km Features lush forests of the valley and the stark landscape of a receding glacier. •••• Trall not maintaine Parks Canada station Campground parking lot Lake Louise Shuttle Park and Ride Location Premier backpack trip, featuring high passes. Shuttle required. Mount Revelstoke and Glacier National Parks office: 250-837-7500 🔠 Pionio area If you are hiking from the Lake Louise and Moraine Lake are extremely popular from mid-May until 7.5 hrs or 2 days | 20.5 km Loop | 1,110 m Trail from Twin Falls to Little Yoho Valley; seasonal suspension bridge C Exhibit Illecillewaet Campground mid-October, Expect congestion, traffic restrictions and parking lots that are 15.4 km Rough trail for skilled backpackers — creeks are unbridged. Maps and Guide Books: - Road Lake O'Hara bus full before sunrise. Parks Canada offers daily shuttles allowing you to see subtract 2 km from the Friends of Yoho National Park at the Yoho Visitor Centre, 250-343-6364 both lakes in one day. Advanced reservations are required No dogs trail length. Easy Moderate Difficult Most Difficult Easy Moderate Difficult or www.friendsofvoho.ca More info: parks.canada.ca/lakelouise-transit