

Banff: 1.5 hours (137 km)

Lake Louise: 1 hour (81 km)

Revelstoke: 2 hours (150 km)

Kelowna: 4 hours (348 km)

Spokane: 6 hours (548 km)





Stop by the Golden Visitor Centre where you will find friendly Information Counsellors who can recommend activities, attractions, dining and accommodations in

· Ride on open trails only.

· *Always yield on trail.

· Turn around when wildlife are present in the area.

· Call out, and call back when sightlines are poor.

· Do not damage plants or alter the environment.

 Ride, don't slide. · Please park in designated parking lots only and respect all private

land notices.

Make sure to recreate responsibly:

· Pack adequate food, water, clothing, maps and gear.

· Carry a first aid kit and bear spray.

to call if you don't return.

Respect all fire bans and report any wildfires

The condition of the trails and roads contained on these maps are subject to change without warning or notice. Users must exercise extreme caution at all times and be aware of potential dangers such as poor weather/road conditions or unexpected traffic. The authors and publisher of this map play no part in the maintenance and/or supervision of the trails and roads. They assume no liability whatsoever for any loss or damage to person or property arising from the use of the trails and roads contained on this map. In addition, the authors and publisher caution users of this map that there may be private property or restricted areas which have not been delineated and all users of this map acknowledge that they will be fully responsible for any breach of municipal, provincial, federal or common law concerning these lands.

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he Golden community since 2001.

Bike - Devinci, EVIL, Transition

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www.tinyurl.com/hiexgolden

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ww.whitetoothbrewing.com

503 Golden Donald Upper Rd

FREE! Golden Destination APP Find accommodations, places to eat and drink,

Visitors are encouraged to donate a \$5/day trail fee to

improvement of Golden's trail networks. Scan the QR

support volunteer and club efforts for the continued

Please support www.goldencyclingclub.com

olden Rush offers amazing singletrack riding

or more information visit www.goldenrush.ca

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The gravel is an epic ride starting and finishing at Kicking

Riders compete in majestic mountain vistas on some of

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DEN RUSH June 6th-7th

THE BLUMOOSE GRAVEL June 7th

www.theblumoose.com

follow a suggested itinerary.

tourismgolden.com/localann

hours may vary).

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Specialized, SantaCruz, Kona, Giant,

· Leave no trace.

* Using judgement as to who should yield will enable trails to be ridden for most enjoyment. Stop if unsure.

· Tell somebody where you're going, when you'll be back and who

· Be prepared for emergencies and changes in weather.

by calling 1-800-663-5555.

CSYSS

REMOVE plants, animals & mud from oots, bikes, gear, pets & vehicle. CLEAN your gear before entering & leaving the recreation site. STAY on designated trails.

For more information contact Columbia Shuswap Invasive Species Society (CSISS) www.columbiashuswapinvasives.org 1-855-PUL-WEED (1-855-785-9333)

VISITOR SERVICES

MOUNT 7 TRAILS

Mount 7 is the real deal for downhill riding with 35 km of steep

downhill network with shuttle access, it has a great climb trail in to B12 and beyond.

fast downhill trails. Home of the world famous Psychosis

Race Run which encompasses Dead Dog, Moonshine, Skid

Please note there is a new parking area for riders accessing

access the Schacher by riding further up the road to where

Very steep off launch site. Start point of 'Psychosis' DH Race run.

Located left of Dead Dog. Singletrack traverse. Be aware crossing the

ast singletrack with jumps. Wicked climb at the end to the ridge.

nother 2km of great fun above 3K. Some easier options at the hairier

sections. Great views of the Columbia Valley from the trailhead.

Starts at 3K off the Bowle-Evans FSR and descends to Snake Hill.

67 ★ 3K (AKA TRUE VALUE) DH (730M)

All trails labelled **DH** are one way **downhill only**.

62 DEAD DOG DH (320M)

63 SUMMIT **DH** (4.4KM)

Fast ridge run and very steep!

66 5K DH (1.8KM)

6 ★ MOONSHINE **DH** (1.2KM)

♦ ★ SKID MARKS DH (1.5KM)

Bowle-Evans road.

the top of Mt 7. Drive up the Bowle-Evans FSR to 5K, park and



Kansas City Rail Road:

Private Land. No Acces

and obey all signs

If you're travelling without your own device, digital kiosks providing access to www.tourismgolden.com are situated in the Glacier Mountaineer Lodge, the Best Western, the Ramada, and the Golden Visitor Centre.

Golden Visitor Centre

1000 Trans Canada Highway



tourismgolden.com/visitors | 250-439-7290



Download the new Golden BC App



Tourism Golden is grateful to live, work and play on

the traditional unceded territory of the Ktunaxa and

the Métis Nation Columbia River Society.

present, and the future.

Secwépemc peoples which is also the chosen home of

We respectfully acknowledge the culture and history

that connects these Nations with this land; and their

wisdom, sacrifices, and stewardship of the past, the

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LEGEND

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Starred Trails

Paved Roads

B12 Trail Access

--- Rotary trails

Highways

Dirt Road

Difficult

Visitor Services

Golden Visitor

No Through

Washrooms

5K Trail Access

① Digital Info Kiosk

Summit & Paraglading

Trail Access

MOUNT 7 TRAILS

Launch Site

MOUNTAIN SHADOWS TRAILS

GOLDEN

Golden Cycling Club

development. Please support www.GoldenCyclingClub.com

www.trailforks.com/region/golden/routes

NOTE: only a few trails are maintained in the winter.

Canadian Rockies Headquarters

For Mountain Adventure

For Winter Fat Bike routes go to Trailforks

and select for Winter Fat Bikes

Membership fees and donations to the Golden

Cycling Club are spent on trail maintenance and

For the winter grooming report look under the Trails/ Grooming report header at www.goldencyclingclub.com

68 ★ SNAKE HILL **DH** (630M)

the left part way down.

Marks. 5K, 3K and Snake Hill downhill trails. While primarily a Fast and sweet. Straight ahead for Erich's or right onto Summit Trail

₹ 10K DH (740M)

ERICH'S DH (660M)

Branches off Erich's. Steep and fun.

79 KAMIKAZE DH (240M)

Steep ride to the municipal campground.

80 WOODLOT RIDE XC (2.3KM)

ride both directions. Watch & listen for motorbikes etc

Starred Rides 👚 - Favourite mountain bike rides

3K Trail Access -

recommended by the Golden Cycling Club.

81 THE SCHACHER XC (15.3KM)

Schacher access. Watch for DH trails crossing.

onnects Schacher to 5K. DH only trail.

BRIS DH (1KM)

B12 DH (3.1KM)

82 **B52 XC** (500M)

Fast, bermed gully with side jumps. Watch for riders coming in from

Double track, preferred up track to access the Schacher and 3K. Can

The climbing trail for Mt 7. Excellent climb and fun down, perfect

for nailing corner flow technique. New 5K parking lot enables mid

echnical single track joining to the 'race run' above 5K.

Another classic Mt 7 DH trail with cliff exposure.

People don't come to Kicking Horse Bike Park to ride the same old thing; they come for the differences, and we have plenty. What that means is over 3700' of lift-accessed vertical descent, filled with a mixture of trail styles from unique alpine riding, to machine built flow trails, to classic technical single-track.

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