

# Scenic Paradise | 4 days in the Heart of the Parks

Surrounded by Yoho, Glacier and Kootenay National Parks, Golden is an ideal base for hikers and lovers of scenic beauty.

## DAY 1: Be prepared for a great hiking vacation

Check in. Then visit the BC Visitors Centre at Golden to purchase your Parks Canada Pass. Don't forget to pick a copy of the Golden Hiking Trail Map, your guide to hiking trails around Golden, and in Yoho and Glacier national parks. If time allows, take an easy 7km hike along the Rotary Trails through downtown Golden, alongside the Kicking Horse River.

## DAY 2: Amazing views from Kicking Horse Mountain ridges

Let the Golden Eagle Express gondola take the strain out of getting up to 360 views of endless mountain peaks at Kicking Horse Mountain Resort. With a variety of trail options to suit all abilities, there is something for everyone. Whether you're looking for an easy short hike, or a mountain goat experience, make sure you allow time for lunch at the Eagles Eye Restaurant, Canada's highest dining experience. Another favourite hike for Golden locals is the Canyon Creek hike.

#### DAY 3: Walk back in time in Glacier National Park

Glacier National Park offers hiking trails for all levels. Discover some of Canada's unique mountain history and spectacular natural beauty. Explore abandoned bridges and historic relics along the hiking trails, and visit the Roger's Pass Discovery Centre to learn about the historic era of railway construction

#### DAY 4: Impressive waterfalls and turquoise waters in Yoho National Park

Yoho National Park has hiking trails, stunning glacial lakes, waterfalls and unique geology in the Burgess Shale.